



# YOUR CITY . YOUR RACE

## 60<sup>KM</sup> | 30<sup>KM</sup> X2 | 15<sup>KM</sup> X4 RELAY RELAY

## +5KM FAMILY FUN WALK



### DOWN TOM RUN

# 16 DEC 2025

## CHURCH SQUARE PRETORIA



ONLINE ENTRIES **ENTRYGEEK.COM**

For more Info- [www.city60marathon.com](http://www.city60marathon.com)







## RACE RULES

- The event is held under the rules of ASA and AGN.
- Athletes indemnify the national, provincial and regional bodies, sponsors and organizers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- All athletes participate at their own risk. Athletes acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin on both the race number and entry form.
- Licensed athletes must wear their 2025 license number back and front, on the upper body of the garment and the issued race number worn on the front of vest without concealing the sponsors names. Licensed athletes who do not wear their 2025 license numbers must purchase a temporary license on the day or face disqualification.
- Temporary licensed athletes to wear plain clothing with the issued temporary license on the back of their vest.
- Athletes competing for category prizes must wear clearly visible age tags of the appropriate size, on the back and front of their running vest.
- No seconding allowed.
- Unlicensed runners on 15km x4 and 30km x2 must buy temporary licence (R70).
- No blades, cyclist or mechanically operated devices allowed in the race
- No 2-, 3- or 4-wheel carts/prams which are mechanically or manually operated by participants, or wheelchairs athletes will be permitted to participate without special permission been granted from the race organiser. All such participants MUST start at the back of the field.
- No animals/pets are allowed to participate.
- Runners in the 60km must wear a permanent 2025 licence number and are not allowed to wear a temporary licence number. All foreign Athletes must follow ASA processes.
- All instructions from traffic and race officials must be obeyed at all times.
- Proof of age for prize winners is required and must be presented to the referees before prize giving. Prizes will be withheld until all the necessary details of the winners are confirmed.
- Only those who have completed all the information required in the race entry/number are eligible for prizes.
- No refunds.
- No earphones, iPods and the like allowed and contravention of WA rule 144.2b, may lead to disqualification.
- Athletes may not run with another athlete's race number unless by prior arrangement with the race organizer.
- The race organizer retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.
- Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Habitual offenders (those who regularly participate without purchasing a race entry) will be reported to AGN disciplinary.
- Littering is not allowed. Athletes are to dispose of any litter in appropriate bins. Athletes can be disqualified if they litter.
- Objections/disputes must be lodged within 30 minutes before and after prize giving in writing to the chief referee accompanied by R500.00 which is refundable if the appeal is upheld.
- Foreign athletes are not allowed to run with ASA Provincial license and are required to purchase a temporary license or face disqualification. (Refer to WA rule 4.)
- Foreign athletes are not allowed to run in club colours unless such club exist in their country of origin or they are in possession of a refugee status permit or are naturalized citizens of RSA.
- Water points every 3 km
- Club gazebos will be welcome day before the race.
- Cut-off time for 60km is 8hrs 30 min (**13h30**) and for 5km family fun walk is 2 hours.

## FURTHER ENQUIRIES

Email: [info@city60marathon.com](mailto:info@city60marathon.com)



## RELAY RACE RULES



- **Team Composition and Changeover Zones:**

**30km x 2 Relay:** Each team consists of 2(two) athletes, each theoretically running 30km.

**15km x 4 Relay:** Each team consists of 4(four) athletes, each theoretically running 15km.

**Changeover Zone:** A 10m zone at the beginning and end of each leg where the baton is passed.

**Technical Proficiency:** Emphasis on athletes being technically sound during the relay, including proper baton passing.

- **Pacing and Assistance:**

No Pacing:

Pacing (running alongside another participant to assist) is not allowed between age and gender categories.

No External Assistance:

Spectators or supporters cannot drive, cycle, or run alongside participants.

- **Eligibility and Prize Money:**

**Prize Money:** No prize money for the relay but different spot prizes will be won.

Relay spot prizes will be given to position 1, 2 and 3 only, each athlete will receive a hamper.

**Team Prize Eligibility:** Athletes wishing to count towards a team prize must wear club colors.

- **ASA License and Bibs:**

**ASA License:**

Athletes require a valid ASA license to participate in the relay according to ASA rules and regulations.

**License Numbers:**

Athletes must display their license numbers.

**Special Number Bibs:**

If required by meeting organizers, athletes must wear special number bibs as per ASA rules and regulations.

**Temporary Licenses:**

Unlicensed runners on 15km x4 and 30km x2 must buy temporary licence (R70).

- **General Rules and Regulations:**

**Clothing:**

Athletes must wear clean, non-transparent clothing that does not impede judges' view.

**Club Colors:**

Club colors are optional for unlicensed athletes, but required for team prize eligibility.

Club colours are compulsory if wearing a permanent license.

- **Transport**

Buses will be available to transport relay athletes to their respective changeover zones

Buses will remain at changeover zones to transport athletes who are done with their course back to the START/FINISH point to wait for teammate in order to receive Medals

- **Medals**

Medals to each athlete that complete the relay.

## INSTORE ENTRIES

- **TSHWANE RUNNING SHOP(SINOVILLE)** +27 76 929 7384
- **RUN-A-WAY SPORT** (012)361 3733
- **PILDITCH STADIUM** 012 327 4930/1/2







## RACE ENTRIES

CATEGORY	ENTRY FEE	START POINT / FINISH POINT	VITALITY RACE POINTS	START TIME	SEEDING	T-SHIRT
60KM	R550-00	CHURCH SQUARE	YES	05H00AM	A	1
30KM X 2	R750-00	CHURCH SQUARE	NO	05H10AM	B	2
15KM X 4	R1200-00	CHURCH SQUARE	NO	05H15AM	C	4
5KM FAMILY FUN WALK	R150-00	CHURCH SQUARE	YES	07H00AM	D	1

- T-SHIRT ENTRIES CLOSES 31 OCTOBER 2025
- LATE ENTRIES FROM 1 OCTOBER TILL 7 DECEMBER 2025 WITHOUT T-SHIRTS
- NO RACE PACK COLLECTION ON THE DAY OF THE RACE
- TOG BAG AREA AVAILABLE ON THE DAY OF THE RACE
- MEDALS TO ALL FINISHERS
- RACE PACK COLLECTION: DATE- DEC 13<sup>TH</sup> – 15<sup>TH</sup> 2025
- TIME – 10:00AM TILL 18:00PM AT CHURCH SQUARE
- VITALITY POINTS WILL ONLY BE ALLOCATED TO 5KM & 60KM

## PRIZE MONEY

- PRIZE MONEY WILL BE ALLOCATED TO 60KM CATEGORY ONLY

MEN AND WOMEN	1ST	2ND	3RD
OPEN	R5 000.00	R3 000.00	R2 000.00
40 - 49	R1 500.00	R1 000.00	R 750.00
50 - 59	R1 000.00	R 750.00	R 600.00
60 - 69	R 750.00	R 600.00	R 400.00
70 - 79	R 600.00	R 400.00	
80+	R 500.00		

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